



CLASS DESCRIPTIONS 2009-2010

As of November 23, 2009

(See Master Schedule for exact dates and prices)

COURSE	DESCRIPTION
African Drumming	Widely acclaimed educator and African percussionist, Darrell Rose, will expose students to percussion and rhythm from Nigeria, Senegal, Congo, and Trinidad. Drumming techniques developed include hand positions, correct posture, pattern repetition, and how to achieve various sounds with the drums. Other skills utilized are counting, listening, being attentive, and contributing to a group. Grades K-5. Maximum class size is eight for K and 12 for 1-5.
Art to Music/Music to Art	We know that Darrell Rose is wonderful drummer, but did you know that he is also an accomplished painter? In this class, Mr. Rose will offer students the opportunity to transfer the energy of music to the energy of painting. Learn first-hand how music has influenced Mr. Rose's painting. With the inspiration of music, students will work with various art mediums (drawing, painting, water color). Course fee includes supply charge of \$5. Grades 3-5. Maximum class size is 12.
Ballroom for Kids	Does watching "Dancing with the Stars" ignite the dancer in your child? Then sign up with Dance Explosion Studio Director Lea Moore, to learn a few ballroom basics such as waltz, swing, salsa, and cha cha! Great exercise, a lot of fun, and a life-long skill. Boys and girls needed! Grades 3-5. Maximum class size is 16.
Basketball	Come join Mrs. McCartney and Mrs. Henry for basketball and shoot some hoops! (Note that Mrs. Parkins is going to lace up her high-tops when Coach McCartney is benched for maternity leave.) Your child will have a lot of fun and expend a lot of energy while learning fundamental skills from these energetic teachers who all have experience in playing and coaching organized basketball. The class will cover the basics of dribbling, passing, and shooting by working in large and small groups. Beginning and experienced basketball players welcome. Grades K-2 and 3-5. Maximum class size is 20.

BEE Girls on the Run	Train to run a 5k-road race! Students will learn the basics of training for longer distances, and meet twice a week for 6 weeks in preparation for the Camp Holiday Trails 5k on March 20, 2010. Young runners will learn about stretching, pacing, proper nutrition while training and on race morning. They will learn about different types of training to work on speed, endurance, and strength. We hope to have all the participants take part in the 5K-road race at the end of the session as a celebration of all their hard work! Must commit to attending both Monday and Wednesday classes. Additional race fee may be required to enter 5k run. Grades 3-5. Maximum class size is 30.
Breakfast is a Feast	Nutritionists say that breakfast is the most important meal of the day. Brownville's very own "Nona" (a.k.a. Judy Drake and grandmother of three Brownsville students) agrees. With the help of Juanita Wyant, Nona will teach the importance of breakfast and explore the many foods to make breakfast a fabulous feast! Course fee includes supply charge of \$10. Grades K-2. Maximum class size is 12
Candy Making	What better way to fight winter's doldrums than with chocolate and sweets? Learn to make a variety of yummy candies to share this winter. Maggie Stemann Thompson, a Brownsville parent, learned to create luscious treats, pastries, and breads while working at bakeries in Blacksburg and Charlottesville. Given the popularity of this class last year, there will be two classes: one on Monday and one on Friday. Course fee includes a supply charge of \$10. Grades 1-3. Maximum class size is 10
Cheerleading	Learn everything you need to know to be a great, spirited cheerleader! If your child took the class last year, there will be new material and challenges introduced to perfect skills. Taught by a current UVA cheerleader, Ryan Tillery, your child will learn proper motions, chants, cheers, jumps, and dances. The end of the class will result in a short routine that your child will be proud to show you. Grades 2-5. Maximum class size is 15.
Cupcakes for Dinner	Only a grandmother gets away with this one! She is back by popular demand--Brownsville's own, Nona! Teaming up with Juanita Wyant, Nona will teach students to make cupcakes as the sweet treat we all know and love, plus cupcakes as an entrée or side: meatloaf cupcake with mashed potato icing, roasted vegetable cupcake, "breakfast for dinner" cupcake, just to name a few! Course fee includes supply charge of \$10. Grades K-3. Maximum class size is 12.
Drawing Toys & Other Fun Things	This drawing class taught by art teacher and writer, Susan Patrick, is introductory and fast paced. Young artists will be provided the foundations to study basic lines, shapes, and various drawing materials to draw accurately bikes, toys, and Japanese dolls. All work will be drawn on paper with a variety of media including pencil, crayon, marker, Cray pas, colored pencil, chalk, and ink. Course fee includes supply charge of \$5. Grades 1-3. Maximum class size is 12.

Drawing--What Do You See?	Experienced art teacher Susan Patrick returns to Brownsville's BEE Program this year to teach this drawing class and others. This class is designed for older students who will begin by drawing a cartoon bird while studying the character of line. Students will become aware of lines and exactly what they are doing as they make contour and grid drawings. Students will finish with a realistic portrait, possibly a self-portrait. Media employed will be pencil, ink, colored pencil, and markers. Course fee includes supply charge of \$5. Grades 3-5. Maximum class size is 12.
Eat What You Grow	Appreciate the season's bounty by creating tempting dishes with vegetables from Brownsville's courtyard garden! Young gardeners will learn proper harvesting techniques and storage. Maggie Stemann Thompson, a Brownsville parent, has been in love with gardening for nearly 20 years. She currently has a garden maintenance and consulting business, and sells homemade gourmet canned goods she creates from the produce of her own garden. Course fee includes supply charge of \$10. Grades 1-5. Max class size is 10.
Exploring Dance	Designed for the young dancer, this class develops gross motor skills, coordination, and movement imagination to boys and girls while introducing basic ballet and jazz dance skills in a fun environment. Students expand their creativity by utilizing props, song and dance. Lea Moore, Dance Explosion Studio Director, teaches this class. Grades K & 1. Maximum class size is 12.
Fine Handwriting: Calligraphy for Beginners	This beginning calligraphy class, taught by Susan Patrick, will provide basic information for development of one simple Roman handwritten alphabet with a flat nibbed pen with the aide of guidelines. We will begin with pen orientation and basic letter strokes, continuing to lower and upper case letters. Our final piece will be a lettered short statement decorated with colored pencil. Students receive and keep their own pen sets. Course fee includes supply charge of \$12. Grades 4 and 5. Maximum class size is 10.
Fly Kids	We are not talking about flying through the air, but rather flying across the dance floor! This upbeat class familiarizes students with the elements and technique of jazz along with exciting hip-hop style dancing. Led by Dance Explosion Studio Director and Brownsville mom, Lea Moore, this class builds weekly on the dancer's skill through warm-ups, exciting choreography, and the freedom to freestyle! Boys and girls welcome! Grades 2-4. Maximum class size is 16.
Golf	PGA Golf Pro at Old Trail Golf Club, Bill Hutchison, will teach golf to Brownsville students. The course will work on full swing, pitching and chipping, and putting. In addition, Bill will cover course management, proper etiquette, and the basic rules of the game. Students will take the bus to Old Trail where clubs will be provided (if you would like to bring your own, make arrangements with Bill). Students will be checked in at Brownsville and take a bus to Old Trail. Mr. Hutchison will meet the bus. Students must be picked up at Old Trail at 3:45 PM. Grades 3-5. Maximum class size is 10.

Gymnastics (Advanced)	Returning to us from Classic Gymnastics in Charlottesville, Kelly-Ann Rayle brings over 20 years of teaching experience. She is USA Gymnastics safety certified, a USA Gymnastic professional member, and a Level 5-10 Gymnastics official. The Advanced class is for students who have taken two or more classes from Ms. Rayle. Classes will follow strict gymnastic progression, which will enable the participant to learn skills and techniques, while developing strength and flexibility. Classes are specifically designed to develop fine and gross motor skills, confidence, and an awareness of tumbling skills, balance beam, and vaulting. All grades welcome. Maximum class size is 12.
Gymnastics (Beginning)	See above. Grades K-2 and 3-5. Maximum class size is 12.
Highland Dance	Scottish Highland Dancing is a traditional dance used to tell the Celtic story of the Scottish Highlands. Meaghan Gibson, Brownsville's own Highland dancer will show students that this way of dance is great fun and wonderful aerobic exercise. Dancers use the whole body while learning a wee bit of history along the way. Instruction includes traditional movements and the combination of those steps for choreography if there is time. Students must wear clothes they can move in and does not cover their feet. No jeans. Footwear can be ballet slippers, soft soled jazz shoes, or bare feet. Girls should have their hair pulled back. Grades K-2 and grades 3-5. Maximum class size is 12.
Holiday Candy Making	Deck your holiday table and present sweet gifts to your neighbors and friends with a selection of homemade candies made from scratch. Bakers should be prepared to get their hands messy as we make luscious sweet yummys. Brownsville mom Maggie Stemann Thompson spent many years as a baker in Blacksburg and Charlottesville, and still likes to get her hands sticky making treats for the holidays. Course fee includes supply charge of \$10. Grades 3-5. Maximum class size is 10.
Holiday Photo Cards	Say "cheese!" Young photographers will receive an introduction to taking portrait and candid photographs, basic image capture, and camera functions with film and digital cameras. Led by instructor Lesli DeVito, students will participate in a class project that will involve taking photographs for holiday cards for other students and their families. Cameras will be provided. Grades 3, 4, and 5. Maximum class size is 10.
Jewelry Making	Join instructor Beth Saunders in learning the art of jewelry making! Children will explore their creativity through color and texture while designing handmade pieces of jewelry to call their own. Students will make necklaces, bracelets, and anklets with an array of beads and charms while learning easy-to-master techniques of bead stringing and crimping with clasps. Course fee includes supply fee of \$15. Grades 3-5. Max size is 12.

Juggling	Alan Hodge, experienced juggler and dad with four juggling sons, who will act as his assistants, is returning to teach this life skill. His sons were winners in the 2008 International Juggling Association competitions. This year's classes are going to be a bit different from previous classes, as students will start with scarf juggling rather than with balls. Scarves move slowly and do not require as high a level of eye-hand coordination, but the students can learn various juggling patterns and tricks with the scarves. Part of each period will be devoted to toss juggling, followed by free time to work on other types of juggling like diabolo or balancing. Students may sign up for more than one session. Grades 2-5. Maximum class size is 15.
Junior Master Gardener (JMG)	The Junior Master Gardener (JMG) program offers horticultural and environmental science education and leadership and life skills development through fun and creative activities. By participating in JMG, children will become better gardeners and citizens by making a positive contribution to their community, school, and family. JMG is run in association with the Albemarle County Cooperative Extension Office's 4-H program. Taught by Tamara Sole, a Brownsville mom and Virginia Master Gardener. Grades 3-5. Maximum class size is 15.
Karate (Advanced)	Classes will be taught by 5th degree black belt, Glen Collier. Returning to Brownsville for his fifth year, Mr. Collier is an AIM USA certified instructor and has taught at numerous places including The Boar's Head and Venable Elementary School. The specific system taught is Saizen Kempo, which is a semi-traditional method and includes techniques from different systems. Advanced includes Orange Belts and above or by invitation. Belt testing will occur as appropriate. Maximum class size is 20.
Karate (Beginning)	See above. Maximum class size is 20.
Karate (Intermediate)	See above. Maximum class size is 20.
Keyboarding	Tickle the ivory with Dr. Jones! Class will introduce basic piano keyboard skills, including beginning ear training and note reading. Keyboards are provided. Grades 3-5. Maximum class size is 8.
Knitting	The "Needle Lady", Mimi Hyde, returns to offer this class for beginners and intermediate students. Students will learn to cast on, knit, correct mistakes, bind off, and decrease. Students with previous knitting experience can increase their skills by working on a project of their choice. Course fee includes supply charge of \$20. Grades 3-5. Maximum class size is 8.
Lacrosse for Girls	Hey, gals! Do you play lacrosse or are you interested in trying lacrosse for the first time? Get a jump on learning and practicing those lacrosse skills this spring with Mrs. Herring! Students will learn the rules and fundamentals of girls' lacrosse along with having fun! This BEE Program class will be held during the actual local lacrosse season and will provide students with an extra boost. Grades K-2 and 3-5. Maximum class size is 14.

Lightfoot Club	Join Mr. Bragg and Ms. Witt for the return of this popular class. You don't need to be a runner as the goal is to get students moving (walking and running). Class meets twice a week in the spring (If you can't commit to two days, sign up for one and pay half price). While walking/running and playing games, you will build your endurance, learn stretching and breathing techniques, and the value of good nutrition to keep your body going. Most importantly, have fun!! Grades 3-5. Maximum class size is 70.
Lightfoot Club (Monday Only)	See above
Lightfoot Club (Wednesday Only)	See above.
Nature, Naturally	Attention young artists and nature-lovers! Secondary and elementary art teacher, Susan Patrick, will teach her class to draw plants from direct observation, make collages from them, draw a leaf design with oil pastels, learn to paint a scene of weather, make an animal relief print, and learn watercolor skills with the painting of a fish. Course fee includes a supply charge of \$5. Grades 3-5. Maximum class size is 12.
Origami	Frogs, penguins, swans and more! Learn basic origami–Japanese paper folding –techniques. Participants will make and take home several pieces, including their own decorated "jumping frogs". We will use special origami paper for our last class. Teacher Susan Chase is an origami peace crane artist. Course fee includes a supply charge of \$5. Grades 3-5. Maximum class size is 10.
Painting-The How Top's	Rembrandt, Monet, Hopper, and Warhol all produced masterpieces. Young artists will create three of their very own original paintings in this class. Instruction includes brief review of the color wheel, practice color mixing and many painting techniques. The last classes will involve looking carefully at a still life, drawing with the brush, and painting with colors the students mix, using any or all of the learned techniques. The medium is tempera. Veteran art teacher, Susan Patrick, will guide the students. Course fee includes supply charge of \$5. Grades 4 & 5. Maximum class size is 12.
Photography	There is more than meets the eye when it comes to taking a good photograph, and Lesli DeVito will teach young photographers the key principles for getting a good shot. Designed for beginners, the course provides students with an introduction to visual concepts, basic image capture, and camera functions with film and digital cameras. The students will also participate in collecting photographs for the Brownville Yearbook. Cameras will be provided. Grade 5 only. Maximum class size is 10.
Pizza For Every Meal	We have imported an Italian grandmother (translation: a Brownville grandma, formerly from Northern Virginia, but she is Italian!) to teach students how to make pizza! In the Brownville Pizzeria (kitchen), future chefs will make a different pizza each week representing each meal of the day. Course fee includes supply charge of \$10. Grades K-3. Maximum class size is 12.

Power of Poetry	Mrs. Meaney loves poetry, and she wants to “empower” Brownsville students with the art of poetry. Students will learn more about the power of poetry by reading, listening, writing, and performing many different kinds of poems. We will practice using all of our senses (even taste!) to improve our writing. By the end of the six weeks, we will publish a collection of poems written by the class. Grades 2-5. Maximum class size is 12.
Printmaking-Pretty Close to Magic	Art teacher Susan Patrick, will teach younger students several printmaking techniques and encourage experimentation. The class will work with textured surfaces to make rubbings, monotype printing from a Plexiglas plate; relief printing from a sheet of styrofoam, gadget printing, and our final printing will be with several techniques. The medium will be tempera paint. Course fee includes supply charge of \$5. Grades 1-3. Maximum class size is 10.
Sewing	Learn the life-long skill of sewing! Kelly-Ann Rayle will teach students basic sewing techniques using a sewing machine and pattern. Class projects will include making a tote bag and pillow. Spring class will offer new projects to students who enrolled in the fall class. Course cost includes a supply fee of \$15. Grades 3-5. Maximum class size is 8.
Skateboarding	Come join a sport with more participants than Little League Baseball! Our own Brian Squires (a closet skateboarder) will teach you how to skateboard. Beginners will learn the fundamentals and basic maneuvers of skateboarding (proper falling, balance and safety as well as turning and stopping). Students with experience will hone their skills and learn tricks that are more advanced and maneuvers on a skate ramp and skate rail. Students should bring their own skateboards, pads (elbow and knee), and helmets. Grades 2-5. Maximum class size is 10.
Soccer	Tuesdays are Soccer Days! Come out and learn the FUNdamentals of the world's most popular sport. SOCA Staff Coach Craig Brannan who was a member of UVA's 1989, 1991, and 1992 NCCA Championship teams will run training. Craig holds a USSF 'A' License as well as NSCAA 'Premier' Diploma, which are the top coaching credentials available in the United States. Players will learn how to dribble, pass, and shoot a soccer ball over the course of the six-week program. Each session will end with scrimmage games to allow the kids to practice their new skills! Grades K-2. Maximum class size is 12.
Stamping & Paper Crafting	Come and see what you can create with cardstock, ink, and rubber stamps! Join Linda Morris, mother of a Brownsville student, and discover the fun of paper crafting while learning how to make your own handcrafted cards and gifts. Learn how many things you can do using this versatile craft. Course fee includes a supply charge of \$10. Grades 2-5. Maximum class size is 10.

Stamping & Paper Crafting with Build-A-Bear®	Do you love those cuddly Build-A-Bear Workshop® characters? Now you can make your own paper craft items using exclusive Build-A-Bear Workshop® rubber stamps and die cuts. Join us as we feature these cute characters on our own handcrafted cards and a variety of other paper crafts. Course fee includes supply charge of \$10. Grades 2-5. Maximum class size is 10.
Sweet Treats	Who doesn't like something sweet? A sweet treat is a happy end to any meal. Nona and her sous chef, Juanita Wyant, will teach young cooks in this class how to prepare yummy treats. Grades K - 2. Course fee includes supply charge of \$10. Maximum class size is 12.
Team Dance	Team Dance is jazz, funk, hip hop, and "High School Musical"-type dancing put to music that you listen to on the radio and on Disney. Come out and dance with Lisa Merutka, a certified Jazzercise instructor. Kids will be dancing to the latest music. It's fun and fitness all rolled into pure energy. You will definitely have a good time and get a lot of exercise. Grades K-2 and Grades 2-5. Maximum class size is 20.
Tell Your Story	Art teacher and writer, Susan Patrick, will conduct a writing workshop of fiction and non-fiction writing with a focus on students' views of their lives – memories, people close to them, objects they care about, daily life, and imagining being an animal. Students will write and read their work to the group. Grades 4 & 5. Maximum class size is 12.
Tennis	Whether you have played tennis before or not, here is a chance to learn and play with your Brownsville friends. Emphasis will be on forehand, backhand, serve, and FUN! Students will be taught appropriate grips and technique, and practice what they learn through drills, games, and free play. The instructor, Brian Willcutts, has been teaching tennis to people of all ages and abilities for more than 25 years. The class will be held at the Western Albemarle tennis courts. Students will be checked in at Brownsville and take a bus to WAHS. Mr. Willcutts will meet the bus. Bring your tennis racket if you have one, if not, several will be available. Students will need to be picked up at WAHS at 3:45. Grades 3-5. Maximum class size is 10.
The Art of Letters and Words	Young students, along with art teacher, Susan Patrick will explore the careful forming of letters in a simple hand. Other activities will include writing their names with colorful wire, designing letter forms with cray pas on paper, making a collage with cutout standing letters, and a stitched lettering project. Course fee includes supply charge of \$5. Grades 1-3. Maximum class size is 12.
Ultimate Frisbee	"Dude! Up! Catch the huck!" Ultimate Frisbee is a fast-paced, non-contact team sport played by thousands the world over. It mixes the best features of basketball, football, and soccer. Taught by ultimate frisbee enthusiast and UVA graduate Jonathan Neeley, this course will aim to teach fundamentals such as throwing and positioning, and will include age appropriate disc games. Grades 3-5. Maximum class size of 12.

Under & Over Fiber Basics	Stitch and weave with fibers to make unique creations in this class designed for younger students. Art teacher Susan Patrick will teach students to weave yarn and ribbons into warp on cardboard looms using a variety of weaving techniques. In addition, students will learn to stitch on burlap with the aide of embroidery hoops. If time remains, students will create a branch weaving. Course fee includes supply charge of \$5. Grades 1-3. Maximum class size is 10.
Watercolor Painting & Ink Drawing	Young artists will be introduced to watercolor painting with a focus on controlling the mixing and flowing of this very wet medium. Several techniques will be used to produce art projects including a still life, a cityscape, a weaving, and an alphabet design. Students will be encouraged to elaborate with black ink drawing on dry paintings. Susan Patrick will teach this class. Course fee includes a supply charge of \$5. Grades 1-3. Maximum class size is 12.
Wraps & Rolls	You name it, and Nona can wrap it and if she can't wrap it, she can roll it. Students will prepare recipes featuring the food being wrapped or rolled in a way that is enjoyable to eat. Course fee includes \$10 supply charge. Grades 3-5. Maximum class size is 12.
Yearbook	Calling all future publishers, editors, graphic designers, and photographers! Students in the yearbook class will learn how the Brownsville yearbook is produced and take part in the yearbook production and editing process. If you want to put your stamp on a timeless memory, this is the class for you. Brownsville mom and graphic designer Kathleen Capshaw is partnering with Brownsville teacher Analisa Herring to lead this class. There are two different class offerings: one that meets on Mondays, Wednesdays and Fridays for two weeks; and one that meets just Wednesdays. Take your pick or take both. Grade 4 & 5. Maximum class size is 14.
Yoga	Ohm! Yoga is a fun and healthy way for kids to develop focus and physical awareness while fostering confidence and self-expression. Kids will learn basic yoga postures, breathing techniques, and visualizations that will help build a healthy mind and body. Yoga teacher Tilak Pyle is the father of two elementary school children and has been teaching yoga since 2003. He believes that our kids are our greatest teachers. Please bring your own yoga mat. Grades 3-5. Maximum class size is 10.